

Hip Distraction System (HDS) Setup Instructions

Hip Arthroscopy



1 Slide the appropriate HDS table clamps over the Clark railings on each side of the bed and lock them in place.



2 Attach the HDS patient platform (AR-6529-01) to the HDS table clamps.



3 Grasp the slot in the HDS patient platform and pull it toward the operative side.



4 Slide the mounting pin on the HDS patient platform toward the operative side.



5 Place the reversible HDS patient platform pad (AR-6529-02) over the HDS patient platform.



6 Attach and lock the HDS well leg spar adapter (AR-6529-15) to the bottom of the HDS table clamp.



7 Attach the HDS well leg spar (AR-6529-14) to the well leg adapter.



8 Attach the operative leg spar (AR-6529-05) to the HDS patient platform.



8a **Optional:** Attach the optional HDS prep table (AR-6529-03) to the HDS patient platform.



9 Attach the HDS perineal post (AR-6529-07) to the operative side of the patient platform.



10 Place the reusable HDS perineal post pad (AR-6529-08) with the HDS perineal post pad cover (AR-6529-11) over the HDS perineal post.



10a **Optional:** Place the postless pad (AR-6529-22) on the OR bed and secure with the Velcro straps when performing a postless hip arthroscopy procedure.



11 Attach the HDS traction boots (AR-6529-23) to both Teletrac carriages.

HDS Traction Boot Setup Instructions



1 Place the foot into the flexed HDS traction boot (AR-6529-23).



2 Place the instep pad over the top of the shin and foot and insert the top strap on the boot through the ratchet on the instep pad.



3 Tighten the ratchet down to secure the instep pad over the foot.



4 Repeat for the other 3 ratchets on the boot. Do not overtighten the ratchets and always ensure a finger can be placed under the instep pad between the blue foam pad and the instep pad.



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